

## **Rituals**

With each treatment you are fully nurtured with a sensory journey, hot aromatic compresses, restorative pressure point therapy and a Balinese Palming ritual.

### **From top to toe**

**2 hours**

A sage footbath and sea-salt scrub prepare your feet for a reflexology session and a pedicure, finishing with a polish of your choice. While your nails are drying experience a customised facial. This will leave your skin feeling rejuvenated, hydrated and smooth.

### **Indulgent hands and feet**

**2 hours**

After slipping your feet into a scented footbath, lie back with a lavender infused eye pillow and drift off while you receive a deluxe manicure and a pedicure

### **Glowing all over**

**2.5 hours**

You will feel refreshed and transformed by this luxurious holistic treatment. A full body exfoliation using sea salts infused with essential oils will purify and stimulate your whole being. Deeply relax with a massage of your choice and then revitalise and condition your skin with a divine facial

### **The ultimate ritual**

**2.5 hours**

You will feel balanced and relaxed after this holistic and organic ritual - and glowing all over. After your body is buffed and smoothed with a salt scrub, a magical hot stone massage will melt away any areas of muscular tension. Finish your ritual with a customised facial, using essential oils and plant extracts to nourish and pamper your skin.